

Welcome to Cranberry Chiropractic

file: \_\_\_\_\_  
date: \_\_\_\_\_

First name: \_\_\_\_\_ Last name: \_\_\_\_\_  
 Address: \_\_\_\_\_ city/town: \_\_\_\_\_ zip: \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Social Security Number: \_\_\_\_\_  
 Cell Phone \_\_\_\_\_ Home phone \_\_\_\_\_  
 Best number to contact: home cell work Work Phone: \_\_\_\_\_  
 email address: \_\_\_\_\_  
 Occupation \_\_\_\_\_ Employer \_\_\_\_\_  
 Marital Status: single married Name of spouse: \_\_\_\_\_  
 Children's names and ages: \_\_\_\_\_  
 How were you referred to our office? \_\_\_\_\_  
 friend family member flyer doctor sign ad

**Your health history:**

Subluxation is a dangerous condition which puts devastating pressure on your nerves and interrupts your nervous system. It keeps your body from healing and functioning properly for optimal health.

Vertebral Subluxation can put damaging pressure on your nerves for a long period of time.

Current health complaints / reason for consultation and how long it has been bothering you

main complaint: \_\_\_\_\_  days  weeks  months  years  
 2 \_\_\_\_\_  days  weeks  months  years  
 3 \_\_\_\_\_  days  weeks  months  years  
 4 \_\_\_\_\_  days  weeks  months  years

Have you seen another Doctor for your main complaint? No Yes

if yes please indicate who and when:

Subluxations can cause irritation to different fibers within nerves.

How would you describe the pain of you main complaint? (circle all that apply)

sharp dull throbbing achy pinching stabbing burning \_\_\_\_\_

Please rate the pain of your main complaint on a scale of 1-10 (10=worst)

0 1 2 3 4 5 6 7 8 9 10

Does the pain from your main complaint radiate to any other body part? No Yes Where?

Depending on the type and degree of subluxation the pressure on nerves can be constant or come and go.

How would you describe your main health concern?

Please check the one that best describes

- constant 100 % of time
- frequent 75 to 99% of time
- intermittent 25 to 75% of time
- occasional 0 to 25% of time

Is it? Please check all that apply.

- worse in morning
- worse in afternoon
- worse in evening
- worse after activity/work
- worse when relaxing
- worse when laying down or during sleep

Did you have any of these health problems as a child or teenager?

- broken or fractured bones (which bone) \_\_\_\_\_
- childhood illness (please specify) \_\_\_\_\_
- digestive issues \_\_\_\_\_
- ear infections \_\_\_\_\_
- headaches or migraines \_\_\_\_\_
- surgeries (what type) \_\_\_\_\_
- other health problem \_\_\_\_\_

Have you been diagnosed as having or suffering from:

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Alcoholism            | <input type="checkbox"/> Broken bone _____               |
| <input type="checkbox"/> Allergies       | <input type="checkbox"/> Circulatory problems  | <input type="checkbox"/> Cancer _____                    |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Depression            | <input type="checkbox"/> Congenital disease: _____       |
| <input type="checkbox"/> Drug Addiction  | <input type="checkbox"/> Fatigue               | <input type="checkbox"/> Headaches / migraines _____     |
| <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> HIV positive          | <input type="checkbox"/> Female/menstrual problems _____ |
| <input type="checkbox"/> Mental Disorder | <input type="checkbox"/> Seizures /convulsions | <input type="checkbox"/> Gall Bladder Disorders _____    |
| <input type="checkbox"/> Stroke          | <input type="checkbox"/> Trouble breathing     | <input type="checkbox"/> Gastrointestinal Problems _____ |
| <input type="checkbox"/> Ulcer           | <input type="checkbox"/> Urinary Problems      | <input type="checkbox"/> Male /prostate problems _____   |

Please list any drugs you are taking, include prescription/over the counter and herbal or homeopathic medications: \_\_\_\_\_

Hospitalizations and surgeries ( list type of injury or surgery and date)

Any conditions for which you are currently being treated:

The vast majority of our patients have experienced literally dozens of impacts that could cause vertebral subluxation. Please complete the following vital information.

When was your most recent auto accident? \_\_\_\_\_

Approximate speed ? \_\_\_\_\_

Was car hit ?    Front    Side impact    Rear

What were your injuries? \_\_\_\_\_

What treatment was received (ie: hospital, chiropractic care, none) \_\_\_\_\_

When was the auto accident before that (you may have been a child or learning to drive)

Date of accident (or your age if in childhood)? \_\_\_\_\_

Approximate speed ? \_\_\_\_\_

Was car hit ?    Front    Side impact    Rear

What were your injuries? \_\_\_\_\_

What treatment was received (ie: hospital, chiropractic care, none) \_\_\_\_\_

Most people have had a slip. Strain, twist or fall at work, whether it was reported or not, when was your most recent stress or strain at work? \_\_\_\_\_

Please describe : \_\_\_\_\_

Was any treatment received? \_\_\_\_\_

Check all that apply to your work environment:

- heavy lifting
- lots of sitting
- lots of standing
- lots of computer time
- repetitive motion

What sports or recreational activities do you enjoy or played growing up?

- |                                      |                                       |  |
|--------------------------------------|---------------------------------------|--|
| <input type="checkbox"/> Baseball    | <input type="checkbox"/> Gymnastics   | <input type="checkbox"/> Swimming        |
| <input type="checkbox"/> Basketball  | <input type="checkbox"/> Hockey       | <input type="checkbox"/> Soccer          |
| <input type="checkbox"/> Bike Riding | <input type="checkbox"/> Martial Arts | <input type="checkbox"/> Tennis          |
| <input type="checkbox"/> Dancing     | <input type="checkbox"/> Rugby        | <input type="checkbox"/> Volleyball      |
| <input type="checkbox"/> Football    | <input type="checkbox"/> Running      | <input type="checkbox"/> Weight training |
| <input type="checkbox"/> Golf        | <input type="checkbox"/> Skating      | <input type="checkbox"/> other _____     |

When was your most recent slip, sprain or fall while playing sports? \_\_\_\_\_

Please describe : \_\_\_\_\_

What treatment was received (ie: hospital, chiropractic care, none) \_\_\_\_\_

Please describe any slips, sprains or falls at home or elsewhere

(falls off your bike as a child, slips on the ice, fall down the stairs, etc)

Females: Are you or could you be pregnant at this time? Yes No Not Sure/Possibly

Who may we thank for referring you to our office?

If you are seeking care due to an auto accident, personal injury or worker's comp case (please circle)

Auto Accident

Personal Injury

Worker's Comp

If you have health insurance please present your card at the front desk. We will put it through our verification process and let you know how your insurance may participate in your wellness plan.

Thank you for your taking the time to complete this information, it is important to us and your care.

Patient Signature \_\_\_\_\_

date: \_\_\_\_\_